

SETTING

Podiatry Clinic

PATIENT

You are 27 years old and play a lot of sports. You have noticed that your feet smell after exercising. You have come to the podiatrist for help with your foot odour. The podiatrist has just examined your feet.

TASK

- When asked, say you noticed that your feet started smelling a few weeks ago. You think it's worse on hot days and during sport but you're not sure; your feet sweat a lot, more than anyone else you know. It's only your feet that are affected.
- When asked, say you wear sports shoes and sports socks most of the time. You shower every day and you wash your feet in the shower.
- When asked, say you haven't tried any treatment; you weren't sure what to use.
- Say you hope that the treatment will start working quickly and that the odour will go away soon.
- Say you'll try those suggestions for treatment and prevention; you hope the problem clears up.

SETTING

Podiatry Clinic

PODIATRIST

You see a 27-year-old patient who plays a lot of sports and is concerned about foot odour. You have just examined his/her feet.

TASK

- Find out more details about foot odour problem (onset, frequency, if other areas of body affected, etc.).
- Find out further relevant details (type of shoes/socks usually worn, foot hygiene, etc.).
- Give results of examination (no signs of infection). Give sweating as likely cause of foot odour (e.g., bromodosis/build-up of sweat: bacterial growth, bad odours/smell, etc.). Find out about any treatment tried.
- Recommend treatment (e.g., antiseptic solutions, topical antibiotic, etc.). Advise on prevention (e.g., well-ventilated shoes, changing shoes/socks regularly, moisture-wicking socks, etc.).
- Emphasise likely need for ongoing management (e.g., potential problems of uncontrolled foot odour: more prone to infections, athlete's foot, etc.).