

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: OCCUPATIONAL THERAPY

TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 30 August 2019

Mr Rodney Simpson was diagnosed with multiple sclerosis in 2002. You are conducting a home assessment.

PATIENT DETAILS:

Name: Mr Rodney Simpson
DOB: 22 Dec 1966
Address: 24 Field St, Newtown
Diagnosis: Secondary progressive multiple sclerosis (MS)
Social background: Retired 2007 (due to MS), senior bank executive
Wife works full-time, four adult offspring
Medication: Quetiapine fumarate (Seroquel) 25mg b.d.
Sertraline hydrochloride (Zoloft) 200mg nocte
Diazepam (Valium) 5mg nocte
Lioresal (Baclofen) 37.5mg nocte
Paracetamol p.r.n.

Past medical history:

2002	Diagnosis (Dx): relapsing remitting MS Hospital 5 days
2002-2007	MS mostly uneventful
2010	Mobilising with elbow crutches
2011	Mobilising with walking frame
2012	Dx: secondary progressive MS Mobilising with manual wheelchair
2014	L-sided paralysis Mobilising with motorised wheelchair. Supra pubic catheter
2015	Dx: legally blind (can still see an object at a 6-metre distance)
2017	Non-weight bearing. Hoist transfer at all times
06 March 2019	Fall, compressed fracture T11, fracture lower 4 R ribs Open reduction internal fixation surgery T9-L1, bone grafts, inpatient 7 wks, rehab 2 wks
12 May 2019	OT home assessment. Evaluated hoist, shower chair/commode, rails, ramp doorways, etc. Bed ok, to review 3-4 mths when new funding available Community support: shower – x2 carers, respite

30 Aug 2019: Managing reasonably well with carers x3 per day (2 for shower in morning, 1 for bedtime at night)

Home visit: Wife concerned bed is inadequate – lack of flexibility for posture, old bedside rails, side assistance bar, etc. Elevation available – head of bed only

Wife requested immediate replacement of Pt's current bed with high-low bed

Pt suffers from back & neck pain, esp. end of day – paracetamol for relief, bedtime

Reports difficulty maintaining upright posture whilst sitting (major issue)

Physical examination:

Leans over to R by ~ 30°. Straightens by pushing R hand against arm rest
Pt has L-sided weakness, nil contractures. Uses R hand to control joy stick of wheelchair, mobile phone & for feeding

Muscle strength: R – Grade III throughout; L – Grade II. Uses L hand passively with help of R hand

Regular treatment:

Exercises daily with physio/carer/wife. Discussed – Pt's need to pace activities & rest as required

Plan: New high-low floor-level bed, with head and knee elevation, will aid positioning & remove need for cot-sides while Pt unattended

Bed trial for 2 wks. Application process explained. Review when bed on site.
Contact wife re times, dates, etc.

Expected in 1-2 wks

Writing Task:

Using the information given in the case notes, write a letter to Mr Simpson's local doctor, Dr Williams, updating him with your assessment and request support for a funding application for the new bed. Address the letter to Dr Ben Williams 400 Rail Rd, Newtown.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

BLANK

Occupational English Test**WRITING SUB-TEST: OCCUPATIONAL THERAPY
SAMPLE RESPONSE: LETTER**

Dr Ben Williams
400 Rail Rd
Newtown

30 August 2019

Dear Dr Williams

Re: Mr Rodney Simpson
DOB: 22.12.1966

I am writing to update you on my work with your patient Mr Rodney Simpson, who has secondary progressive multiple sclerosis, and to request your assistance in procuring a new bed for him.

Mr Simpson's right-sided strength is Grade III, the left, Grade II. His left-sided paralysis is a major inhibitor and it is a strain for him to support himself adequately in his chair. He displays a 30° lean to the right, but self-corrects his posture by pushing with his right hand against the arm rest of his chair. He has difficulty maintaining this position. He requires paracetamol for back and neck pain most evenings.

Mr Simpson's wife has requested a new bed due to the limitations of his current bed. The recommended bed is a height adjustable floor-level bed with head and knee elevation. The head and knee elevation will improve Mr Simpson's comfort and support his posture and positioning in bed. The bed can be lowered to floor level when Mr Simpson is unattended in the bed, removing the need for bed rails (cot-sides).

We are keen to replace Mr Simpson's bed as soon as possible. Your support for our application for funding would be greatly appreciated.

Your sincerely

Occupational Therapist