

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: OPTOMETRY

TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 30 August 2019

You are an optometrist at a local clinic. Today a patient has presented with trauma to her right eye.

PATIENT DETAILS:

NAME: Ms Belinda Clarke

DOB: 02 Jan 1994 (25 y.o.)

Social background:

Lives with parents in family home, 2 younger siblings

Basketball player

General health: Generally good, no medication

Family history: Nil relevant

Patient history: 2018 — blunt trauma to L eye during basketball game, contact with another player, uncomplicated recovery

2014 — astigmatism, prescription contact lenses (toric)

30 Aug 2019

Presenting problem: 1 day ago, Pt experienced knock to R eye during basketball game

R eye:

- Bleeding and black bruising around eye; bloodshot appearance of eye; minor eyelid swelling
- Painful (taking ibuprofen for pain relief); unable to wear contact lenses – ?corneal abrasion
- Blurry vision
- Light sensitivity (significant)

Pt seeking medical clearance to play next week's game

VA: R 6/30 L 6/6

Colour vision (D-15): Normal

External examination:

R eye — black bruising and moderate swelling of eyelid and periorbital tissue, small subconjunctival haemorrhage

Eye movements: L — full, R — full (but painful)

Slit-lamp: R — significant bleeding in anterior chamber with grade 3 inflammatory cells and protein; small abrasion R cornea; lens normal

IOP (Goldmann): R 31mmHg (raised); L 16mmHg (normal)

Fundoscopy: No obvious damage to peripheral retina or optic nerve or macula

Diagnosis: Traumatic anterior uveitis with hyphaema and corneal abrasion

Initial treatment: Protective shield applied. Advised Pt to limit physical activity

Writing Task:

Using the information given in the case notes, write a letter of referral to the Ophthalmologist on duty at Parkview Eye and Ear Hospital, requesting urgent assessment and management. Address the letter to Ophthalmologist on duty, Parkview Eye and Ear Hospital, 242 Main Street, Mountain View.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

BLANK

Occupational English Test**WRITING SUB-TEST: OPTOMETRY
SAMPLE RESPONSE: LETTER OF REFERRAL**

Ophthalmologist on duty
Parkview Eye and Ear Hospital
242 Main Street
Mountain View

30 August 2019

Dear Ophthalmologist

Re: Ms Belinda Clarke
DOB: 02.01.1994

Thank you for reviewing Ms Belinda Clarke, a 25-year-old patient who received a blunt trauma injury to her right eye yesterday at basketball, and who requires urgent investigation of possible traumatic anterior uveitis with hyphaema.

Ms Clarke wears toric contact lenses for astigmatism, diagnosed in 2014. She presented today with black-bruised periorbital tissue and a right subconjunctival haemorrhage. She reports blurry vision from her right eye associated with pain. She has taken ibuprofen for pain relief and stopped wearing contact lenses.

On examination, right eye visual acuity is reduced at 6/30 with pain on eye movements and significant light sensitivity. Slit lamp shows significant bleeding (hyphaema) in the anterior chamber with grade 3 inflammatory cells and protein and a small abrasion on the surface of the right cornea. Retinal examination reveals no damage to the retina, optic nerve or macula, although the inflammatory response has raised the right eye intraocular pressure to R: 31mmHg (L: 16mmHg).

I have applied a protective shield to Ms Clarke's right eye and advised her against physical activity. My provisional diagnosis is traumatic anterior uveitis with hyphaema and corneal abrasion. I am referring her to you for confirmation, assessment and initiation of treatment.

Yours faithfully

Optometrist