

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: PODIATRY

TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 30 August 2019

You are a podiatrist at a local podiatry clinic. Mrs Rita Moss is a regular patient.

PATIENT DETAILS:

Name: Mrs Rita Moss
DOB: 28 Aug 1933
Address: 12 Stonehaven Rd, Finesville

Current medications: Irbesartan/hydrochlorothiazide (Avapro HCT) 150mg/12.5mg 1 nocte (for hypertension/diuretic)
Simvastatin (Zocor) 40mg 1 mane (for cholesterol)
Cholecalciferol (OsteVit-D) 1,000IU Calcium 600mg 1 mane (for bone strength)
Paracetamol 500mg x 2 (p.r.n.)

Medical history: 1958 Caesarean section
1961 2nd birth vaginal
2011 Osteoarthritis in large joints
2013 Hypertension and cholesterol – stable on medication
2015 First attendance to clinic – reasonably healthy

Family history: Nil relevant or known

Social background: Married, husband in aged care since 2016
2 adult children (live within 5km), 5 grandchildren, 2 great-grandchildren
Lives alone. Knows next door neighbour well
Active social life. Visits husband (3 times/week)
Managing well until recent history of falls

Allergies: Nil known

30 Aug 19

Reason for presenting: Routine check and foot care

Observations: Initially appeared independent on entry to clinic
Mobility was slow and careful when being seated

On examination: Gait analysis (balance/muscle strength) – unsteady
Balance poor in single limb support assessment
No dermatological issues
Concern about deterioration since first presentation 2015
Pt described recent fall after standing up from armchair
Footwear choices poor – slippers in house, slip-ons outside

Range of motion: All lower limb joints – reasonable motion range

Biomechanical examination:

Feet – reasonable condition, minimal deformity
Muscle strength test – poor (foot, ankle, quadricep muscles)

Diagnosis: Poor balance at times, cause unknown

Treatment: Routine foot treatment – NAD
Discussed footwear – laces/straps
Explained importance of supportive footwear for mobility & stability
Recommended Extra Depth Footwear store – fitting & purchase
Requested that Pt discuss falls & shoes with physio
Refer to physiotherapist, Ms Griffin, at Falls and Balance Clinic re plan

Writing Task:

Using the information given in the case notes, write a letter of referral to Ms Griffin. Address the letter to Susan Griffin, Falls and Balance Clinic, 15 Morton Street, Landsville, requesting a plan for balance maintenance. Include an outline of your treatment and recommendations.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

BLANK

Occupational English Test**WRITING SUB-TEST: PODIATRY****SAMPLE RESPONSE: LETTER OF REFERRAL**

Ms Susan Griffin
Falls and Balance Clinic
15 Morton Street
Landsville

30 August 2019

Re: Mrs Rita Moss
DOB: 28/08/1933

Dear Ms Griffin

Thank you for accepting Mrs Rita Moss to your clinic. Mrs Moss is experiencing problems with falls and mobility, and would benefit from your assistance with these issues.

Mrs Moss first presented for general foot care in 2015. Her general health is reasonable, with cholesterol and hypertension being well controlled since 2013.

During her treatment today Mrs Moss mentioned some recent falls after standing up from her armchair. On observation, her mobility in the clinic was slow and she was careful when being seated. On examination and after a gait analysis, Mrs Moss seems generally unsteady and her balance is poor with single limb support. Her muscle strength was poor during muscle testing of the foot, ankle and quadriceps muscles.

Following a routine foot treatment with no notable abnormalities detected, we discussed the importance of supportive footwear and I recommended that she visit the Extra Depth Footwear store for fitting and selection of appropriate shoes.

As I am concerned about Mrs Moss' deteriorating mobility since she first presented, I recommended a visit to the Falls and Balance Clinic, and suggested she discuss an overall plan for balance maintenance with you.

Please notify me if you require any additional information.

Yours sincerely

Podiatrist