

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Occupational English Test

WRITING SUB-TEST: MEDICINE

TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Mrs Priya Sharma is a patient in your general practice who is concerned about her glucose level control.

PATIENT DETAILS:

Name: Mrs Priya Sharma
DOB: 08.05.58 (Age 60)
Address: 71 Seaside Street, Newtown

Social background:

Married 40 years – 3 adult children, 5 grandchildren (overseas).
Retired (clerical worker).

Family history: Many relatives with type 2 diabetes
Nil else significant

Medical history: 1999 – type 2 diabetes
Nil significant, no operations
Allergic to penicillin Menopause 12 yrs
Never smoked, nil alcohol
No formal exercise

Current Drugs: Metformin 500mg b.d.
Glipizide 5mg 2 mane
No other prescribed, OTC, or recreational

29/12/18

Discussion: Concerned that her glucose levels are not well enough controlled – checks levels often (worried?)
Attends health centre – feels not taking her concerns seriously Recent blood sugar levels (BSL) 6-18
Checks BP at home
Last eye check October 2017 – OK Wt steady, BMI 24
App good, good diet
Bowels normal, micturition normal

| | |
|-----------------|---|
| O/E: | <p>Full physical exam: NAD</p> <p>BP 155/100</p> <p>No peripheral neuropathy; pelvic exam not performed</p> <p>Pathology requested: FBE, U&Es, creatinine, LFTs, full lipid profile, HbA1c Medication added: candesartan (Atacand) tab 4mg 1 mane</p> <p>Review 2 weeks</p> |
| 05/01/19 | <p>Pathology report received:</p> <p>FBE, U&Es, creatinine, LFTs in normal range</p> <p>GFR > 60ml/min</p> <p>HbA1c 10% (very poor control)</p> <p>Lipids: Chol 6.2 (high), Trig 2.4, LDLC 3.7</p> |
| 12/01/19 | <p>Review of pathology results with Pt Changes in medication recommended</p> <p>Metformin regime changed from 500mg b.d. to 750mg b.d.</p> <p>Atorvastatin (Lipitor) 20mg 1 mane added Glipizide 5mg 2 mane</p> <p>Review 2 weeks</p> |
| 30/01/19 | <p>Home BP in range Sugars improved</p> <p>Pathology requested: fasting lipids, full profile</p> |
| 06/02/19 | <p>Pathology report received: Chol 3.2, Trig 1.7, LDLC 1.1</p> |
| 10/02/19 | <p>Pathology report reviewed with Mrs Sharma</p> <p>Fasting sugar usually in 16+ (high) range</p> <p>Other blood sugars 7-8</p> <p>Refer to specialist at Diabetes Unit for further management of sugar levels</p> |

Writing Task:

Using the information in the case notes, write a letter of referral to Dr Smith, an endocrinologist at City Hospital, for further management of Mrs Sharma's sugar levels. Address the letter to Dr Lisa Smith, Endocrinologist, City Hospital, Newtown.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Any answers recorded here will not be marked.

BLANK

Occupational English Test**WRITING SUB-TEST: MEDICINE****SAMPLE RESPONSE: LETTER OF REFERRAL**

Dr Lisa Smith
Endocrinologist
City Hospital
Newtown

10 February 2019

Dear Dr Smith,

Re: Mrs Priya Sharma
DOB: 08/05/58

Thank you for seeing Mrs Priya Sharma, a type 2 diabetic, for further management of her blood sugar levels.

Mrs Sharma was diagnosed with NIDDM in 1999. She has been monitoring her BP and sugar levels at home since then. She has a strong family history of diabetes and is allergic to penicillin. Her weight is steady (BMI of 24) and an eye examination in October 2017 indicated no issues.

She initially presented on 29/12/18 concerned that her blood sugar levels were no longer well controlled. Her BP that day was 155/100 and her recent sugar levels were ranging between 6 and 18mmol/L. Her medication included Metformin 500mg b.d. and Glipizide 5mg x2 mane. I instituted Atacand 4mg x1 mane.

A pathology report received on 05/01/2019 showed HbA1c levels of 10% and GFR greater than 60ml/min. Her cholesterol was high (6.2).

On 12/01/19, I prescribed Lipitor 20mg mane. I also increased her Metformin regime to 750mg b.d. Since then, her home-monitored BP has been within range and her cholesterol has fallen to 3.2. Her non-fasting blood sugars are 7-8mmol/L, but her fasting blood sugar levels are usually in the 16+ range, which is high. Therefore, I am referring her to you for your specialist advice.

Yours sincerely,

Doctor