

## WRITING SUB-TEST – TEST BOOKLET

### INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

## Occupational English Test

**WRITING SUB-TEST: PHARMACY**

**TIME ALLOWED: READING TIME: 5 MINUTES**

**WRITING TIME: 40 MINUTES**

Read the case notes and complete the writing task which follows.

### Notes:

Today, a new patient, Ms Alexia Rollinson, visited your community pharmacy to collect repeat medications. You also discussed her dieting concerns.

#### PATIENT DETAILS:

**Name:** Alexia Rollinson (Ms)

**DOB:** 12/11/1973 (45 years)

**Address:** 15 Fine St, Newtown

**Date:** 10 February 2019

#### Social/Family Background:

Single. Works full time as an accountant

**Diagnosis:** Hypertension, hypercholesterolaemia, low vitamin D since 2011

**Medication:** Betaloc (metoprolol), 100mg b.d.  
Lipitor (atorvastatin), 20mg mane Ostevit-D 1000IU mane

**Current Status:** BP 147/100mmHg (taken in pharmacy)  
Lipid profile: LDL – 131, HDL – 64, Triglycerides – 269mg/dl Vitamin D < 54 (60-160nmol/L) (print out with customer)  
Ht 153cm, Wt 65kg (verbal from customer), BMI 27.8  
Does no regular exercise – drives to work, no sport or recreational activity Low mood  
Overweight

#### Discussions in Pharmacy:

New to area, moved 1 month ago, and has no GP yet. Medications required today and repeats are filled.

Asked for weight loss advice

Monitoring diet to decrease Wt – target 58kg, BMI <25.

- Exercise – Started own exercise program (e.g., walk 30 min 4 times/wk). Says 'never sticks to it'. Has tried all types of exercise aids advertised on TV, video programs, getting desperate & upset. Wants some help due to lack of progress.
- Diet – Discussed fruit & vegetables, low fat milk, low GI foods & low saturated fats. Bought two electronic scales last week, one for kitchen (food) & one for bathroom (self). Discussed fruit & nut snacks, not chocolate bars (admitted to loving them). Always browsing for Wt loss products. Tried several tablets, drinks, powders, etc. Getting desperate & upset. Wants help due to no progress with Wt loss or change in exercise & daily activities.  
Offered to write to local GP for support. Also mentioned a dietitian – customer liked idea.

**Pharmacy Management:**

- Provided free booklets
  - Healthy eating and exercise
  - Council brochure on walking tracks, walking groups, etc.
  - Local gymnasiums & sports groups
- Letter to GP – suggested referral to dietitian

**Writing Task:**

Using the information in the case notes, write a letter of referral to Dr Sally Windwood, 9 Blewston St, Newtown, to explain your discussion and advice including a suggestion of consulting a dietitian.

**In your answer:**

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

**The body of the letter should be approximately 180–200 words.**

Any answers recorded here will not be marked.

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**Occupational English Test****WRITING SUB-TEST: PHARMACY****SAMPLE RESPONSE: LETTER OF REFERRAL**

Dr Sally Windwood  
9 Blewston St  
Newtown

10 February 2019

Dear Dr Windwood,

Re: Ms Alexia Rollinson (DOB: 12/11/1973)

I am writing to you out of concern for a customer in our pharmacy today. Ms Rollinson was diagnosed and began treatment for hypertension, hypercholesterolaemia and low vitamin D in 2011. Her current medication is metoprolol 100 mg b.d., atorvastatin 20 mg mane and Ostevit-D 1000IU mane.

Ms Rollinson expressed frustration at her current weight, 65 kg, which she indicated was overweight: BMI 27.8. She has tried diet modification in the past mainly through weight loss products. She has also tried to increase her exercise through her own plans and aids but is never compliant. She currently drives to work and does not participate in sporting activities.

In our discussion she also expressed low mood, and desire for guidance. I provided her with some booklets on diet, walking groups, and local sport institutions. I also made suggestions of simple changes to her diet: eating fruit and nuts as snacks instead of chocolate bars.

Finally, I offered to write to you so that she can have a doctor's referral to a dietitian. Ms Rollinson was agreeable to the idea as she would like support from a GP as she currently does not have a regular doctor.

Please do not hesitate to contact me with any questions.

Yours sincerely,

Pharmacist